**Apothecary Rose** - cooling, drying,

headache, eye pain, ears, throat, flux

**Autumn Crocus -** treat jaundice,

consumption, depression, chest pain,

coughs

**Black Cohosh** - bronchitis, fevers, nervous

disorders, rheumatism, female disorder.

**Borage** - "makes the mind glad,

comforts the heart, purgeth melancholy,

quieteth the lunaticke person"

**Calendula -** ointment for cuts, burns,

sores; infusion soothes red eyes;

**Chamomile** (German) - flatulence, indigestion, tonic, sedative, provokes sweat

**Cinquefoil -** astringent, ague, fevers, mouth ulcers, running sores, gout, flux

**Cleavers -** snakebite, bloody flux,

staunches bleeding, earache, old ulcers

**Coltsfoot -** asthma, coughs, bronchial

complaints

**Columbine -** sore throats, liver

complaints, swollen glands, relieves

palpitations

**Comfrey -** heals inward hurts, bruises,

wounds, ulcers, sprains, colds, broken

bones

**Dock** (Yellow or Curly) - blood purifier,

flux, sore eyes, diuretic, diarrhea,

**Echinacea -** snakebite,toothache, sores

and wounds, flu and colds

**Elecampane -** forshortness of breath,

old coughs, asthma, blood purifier

**Fennel -** carminative, eases pain of stone,

yellow jaundice, gout, cramps

**Feverfew** - headache, migraine, uterine

disorders, "swimming head"

**Fleur De Lys (Iris) -** purges head, clears brain,

dropsy, ague, jaundice

**Gentian -** raises pulse, aids digestion, counters

venom & poison of mad dog

**Germander -** healing sores and ulcers, dropsy,

gout, jaundice, antiseptic, astringent

**Goldenseal -** dyspepsia, skin eruptions, sore

eyes, hemorrhage

**Ground Ivy -** cough, consumption, soothing and cooling, colds, eye lotion

**Hyssop -** sore throat, gargle, expectorant, worms, stomachache

**Lady's Mantle -** stops bleeding, vomiting and

flux, wound herb inwardly and outwardly

**Lavender -** headache, giddinessof the brain,

indigestion, sedative, antiseptic

**Lemon Balm -** "causeth mindand heart to be merry," gentle tonic, sedative

**Liverwort -** good for all liver diseases, inflammations scabs, ringworm

**Lobelia -** bronchitis, asthma (toxic in large

doses)

**Lovage -** diseases of wind, helps quinsey in the

throat, ease inward gripings, pleurisy

**Marsh Mallow -** coughs, sore throat, bronchial

complaints, soothing enema

**Mullein -** bronchial complaints**,** coughs, flux, colic, asthma, earache

**Peony -** falling sickness, nightmare and melancholy dreams

**Pennyroyal -** flea repellent, worms, prevents nausea, jaundice, flatulence

**Plantain -** soothing, cooling, skin diseases,

beestings, wounds, laxative

**Pleurisy Root -** pleurisy, lung inflammations,

asthma, laxative, bronchitis, diuretic

**Primrose** (Cowslip) - nervous disorders,

wounds, sedative, emetic

**Rhubarb -** laxative, cures dysentery

**Roman Chamomile -** sedative, indigestion, tonic, colic, strewing herb

**Rosemary -** improves memory, giddiness, quickens senses, lethargy, drowsiness

**Rue -** diuretic, stimulant, kills worms, gout,

coughs, infection, "Keeps away plague and the devil"

**Sage -** liver, cleans foul ulcers, for bleeding

wounds, joint pain

**St. John's Wort -** wound poultice, antiseptic,

tonic, wards off evil spirits, hysteria

**Self-Heal -** astringent, styptic, heals inward

and outward wounds

**Southernwood -** kills worms in children,

draws out splinters, eases pain, stops baldness

and gangrenes

**Spearmint -** stomachic, diarrhea, nausea,

headache complaints

**Sweet Woodruff -** opens liver and spleen,

strengthening for the consumptive

**Tansy -** intestinal worms, prevents

miscarriage, helps weak kidneys.

**Thyme -** tonic, antiseptic, bronchial and

intestinal disturbances, coughs

**Valerian -** sedative, headache, palpitations,

constipation, epilepsy

**Violet -** eye inflammation, head pain, pleurisy,

liver, jaundice, emollient, expectorant

**Wild Senna -** laxative

**Wood Betony -** panacea for head pains, liver, digestive complaints, ward off witch craft

**Wormwood -** intestinal worms, flea repellent, digestive tonic

**Yarrow -** cures wounds, stops bloody flux,

ulcers, fistulas, colds, nose bleeds